



May 2025 | Harmony Elementary | Breakfast Menu | 24-25 K-8 Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
<p>28</p> <p>Week 1 Monday</p> <p>MAIN ENTREE</p> <p>Muffin, apple cinnamon, housemade</p> <p>GRAIN</p> <p>Cinnamon Chex</p> <p>FRUIT</p> <p>Banana Apple, 1/2 cup</p>	<p>29</p> <p>Week 1 Tuesday</p> <p>MAIN ENTREE</p> <p>Whole wheat sprouted bagel</p> <p>GRAIN</p> <p>Cinnamon Chex</p> <p>FRUIT</p> <p>Orange, 1 cup Apple, 1/2 cup</p>	<p>30</p> <p>Week 1 Wednesday</p> <p>MAIN ENTREE</p> <p>Orange dreamsicle smoothie and toast</p> <p>GRAIN</p> <p>Cinnamon Chex</p> <p>FRUIT</p> <p>Banana Apple, 1/2 cup</p>	<p>1</p> <p>Week 1 Thursday</p> <p>MAIN ENTREE</p> <p>Oatmeal</p> <p>GRAIN</p> <p>Cinnamon Chex</p> <p>FRUIT</p> <p>Orange, 1 cup Apple, 1/2 cup</p>	<p>2</p> <p>Week 1 Friday</p> <p>MAIN ENTREE</p> <p>Whole wheat pancakes, housemade</p> <p>GRAIN</p> <p>Cinnamon Chex</p> <p>FRUIT</p> <p>Banana Apple, 1/2 cup</p>
<p>5</p> <p>Week 1 Monday</p> <p>MAIN ENTREE</p> <p>Muffin, chocolate chip, housemade</p> <p>GRAIN</p> <p>Cinnamon Chex</p> <p>FRUIT</p> <p>Banana Apple, 1/2 cup</p>	<p>6</p> <p>Week 1 Tuesday</p> <p>MAIN ENTREE</p> <p>Whole wheat sprouted bagel</p> <p>GRAIN</p> <p>Cinnamon Chex</p> <p>FRUIT</p> <p>Orange, 1 cup Apple, 1/2 cup</p>	<p>7</p> <p>Week 1 Wednesday</p> <p>MAIN ENTREE</p> <p>Yogurt and granola</p> <p>GRAIN</p> <p>Cinnamon Chex</p> <p>FRUIT</p> <p>Banana Apple, 1/2 cup</p>	<p>8</p> <p>Week 1 Thursday</p> <p>MAIN ENTREE</p> <p>Oatmeal</p> <p>GRAIN</p> <p>Cinnamon Chex</p> <p>FRUIT</p> <p>Orange, 1 cup Apple, 1/2 cup</p>	<p>9</p> <p>Week 1 Friday</p> <p>MAIN ENTREE</p> <p>Whole wheat pancakes, housemade</p> <p>GRAIN</p> <p>Cinnamon Chex</p> <p>FRUIT</p> <p>Banana Apple, 1/2 cup</p>

<p>12</p> <p>Week 1 Monday</p> <p>■ MAIN ENTREE</p> <p>Muffin, blueberry, housemade</p> <p>■ GRAIN</p> <p>Cinnamon Chex</p> <p>■ FRUIT</p> <p>Banana Apple, 1/2 cup</p>	<p>13</p> <p>Week 1 Tuesday</p> <p>■ MAIN ENTREE</p> <p>Whole wheat sprouted bagel</p> <p>■ GRAIN</p> <p>Cinnamon Chex</p> <p>■ FRUIT</p> <p>Orange, 1 cup Apple, 1/2 cup</p>	<p>14</p> <p>Week 1 Wednesday</p> <p>■ MAIN ENTREE</p> <p>Orange dreamsicle smoothie and toast</p> <p>■ GRAIN</p> <p>Cinnamon Chex</p> <p>■ FRUIT</p> <p>Banana Apple, 1/2 cup</p>	<p>15</p> <p>Week 1 Thursday</p> <p>■ MAIN ENTREE</p> <p>Oatmeal</p> <p>■ GRAIN</p> <p>Cinnamon Chex</p> <p>■ FRUIT</p> <p>Orange, 1 cup Apple, 1/2 cup</p>	<p>16</p> <p>Week 1 Friday</p> <p>■ MAIN ENTREE</p> <p>Whole wheat pancakes, housemade</p> <p>■ GRAIN</p> <p>Cinnamon Chex</p> <p>■ FRUIT</p> <p>Banana Apple, 1/2 cup</p>
<p>19</p> <p>Week 1 Monday</p> <p>■ MAIN ENTREE</p> <p>Muffin, chocolate chip, housemade</p> <p>■ GRAIN</p> <p>Cinnamon Chex</p> <p>■ FRUIT</p> <p>Banana Apple, 1/2 cup</p>	<p>20</p> <p>Week 1 Tuesday</p> <p>■ MAIN ENTREE</p> <p>Whole wheat sprouted bagel</p> <p>■ GRAIN</p> <p>Cinnamon Chex</p> <p>■ FRUIT</p> <p>Orange, 1 cup Apple, 1/2 cup</p>	<p>21</p> <p>Week 1 Wednesday</p> <p>■ MAIN ENTREE</p> <p>Yogurt and granola</p> <p>■ GRAIN</p> <p>Cinnamon Chex</p> <p>■ FRUIT</p> <p>Banana Apple, 1/2 cup</p>	<p>22</p> <p>Week 1 Thursday</p> <p>■ MAIN ENTREE</p> <p>Oatmeal</p> <p>■ GRAIN</p> <p>Cinnamon Chex</p> <p>■ FRUIT</p> <p>Orange, 1 cup Apple, 1/2 cup</p>	<p>23</p> <p>Week 1 Friday</p> <p>■ MAIN ENTREE</p> <p>Whole wheat pancakes, housemade</p> <p>■ GRAIN</p> <p>Cinnamon Chex</p> <p>■ FRUIT</p> <p>Banana Apple, 1/2 cup</p>
<p>26</p>	<p>27</p>	<p>28</p>	<p>29</p>	<p>30</p>

Memorial Day	Week 1 Tuesday	Week 1 Wednesday	Week 1 Thursday	Week 1 Friday
	MAIN ENTREE	MAIN ENTREE	MAIN ENTREE	MAIN ENTREE
	Whole wheat sprouted bagel	Orange dreamsicle smoothie and toast	Oatmeal	Whole wheat pancakes, housemade
	GRAIN	GRAIN	GRAIN	GRAIN
Cinnamon Chex	Cinnamon Chex	Cinnamon Chex	Cinnamon Chex	
FRUIT	FRUIT	FRUIT	FRUIT	
Orange, 1 cup	Banana	Orange, 1 cup	Banana	
Apple, 1/2 cup	Apple, 1/2 cup	Apple, 1/2 cup	Apple, 1/2 cup	

Menu is subject to change. All meals served meet USDA requirements for reimbursable meals. 1% or nonfat milk available with each meal.

This institution is an equal opportunity provider.